



# Renmark High School

www.renmarkhs.sa.edu.au

Trust

Respect

Responsibility

Accountability

Fun

## From the Principal's Desk

Dear Parents, Caregivers and Friends,

### Teaching positions 2018

We currently have 3 permanent teaching positions advertised to begin in 2018, one for Design and Technology, one for senior Physics and Mathematics, and one for senior Mathematics and Science.

### School Uniforms

Can families please make sure students are wearing school uniform. With the cold weather we have seen some students in inappropriate attire including jeans, active wear and assorted jumpers. There are plenty of opportunities to purchase

the correct clothing with TriState and Yates Menswear having a range of approved uniform items, and a number of other stores also stocking suitable items such as plain blue pants. If you have issues providing appropriate attire or would like clarification as to what is appropriate, please contact the school.

Thank you to all of the families who do adhere to the uniform policy and in this way support the safety, wellbeing and professionalism of students and their School.

**Mat Evans, Principal**

### P.A.R.T.Y.

On Thursday a group of students visited the Riverland Regional Hospital to participate in a program called Preventing Alcohol Related Trauma in Youth, (P.A.R.T.Y) facilitated by the Royal Adelaide Hospital. Students listened to the experiences of rescue workers and the impacts of volunteering to save others, on their own lives. They also experienced working as a team in a simulated emergency department in which they tried to bring an accident victim, (a dummy) who was in a coma, back to life by providing oxygen, CPR and fluids. Unfortunately the team was unsuccessful and this person died.

We also listened to two survivors of road trauma who delivered the message of making good choices and driving safely on the roads for your own safety and that of those around you.

Often you hear students complain about "all these talks" in BT lessons. Whether it be a police officer, ambulance officer or even a teacher,

nothing will get to the students like someone who has experienced what they're trying to teach. To be able to hear the story of Elise and her partner Luke was incredibly touching. To hear and to see what had happened to them and how their lives have been changed, knowing that the accident was not their fault had a very strong impact on me.

**Sumandip, RHS Student**



Students attending to mock accident victim

Week 6, Term 2  
Thursday, June 8  
2017

## Upcoming events

### Week 6

Fri 9/6 Student Free Day

### Week 7

Mon 12/6 Queen's Birthday

Wed 14/6 KOC Volleyball

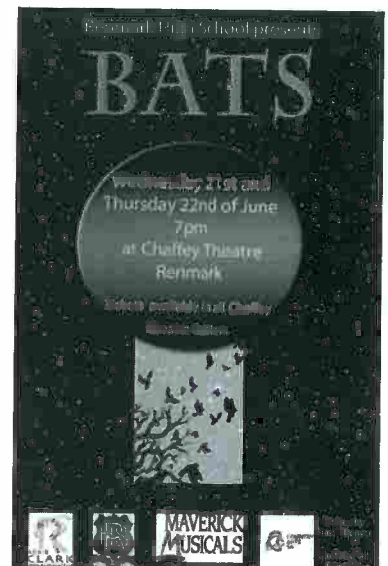
Wed 14/6 Mathematics Olympics

Fri 16/6 Musical Rehearsal

Fri 16/6 Vaccinations

## Adelaide Cross Country

Thank you and well done to the students who travelled to Adelaide for cross country to represent Renmark High School. Congratulations to year 12 student Brooke on coming 4th in her age division and Aiden who came 10th.



## The 2017 RHS Musical Production BATS!

Performances will be held at 7.00pm on Wednesday 21st June and Thursday 22nd June in the Chaffey Theatre. Bookings can be made at the Chaffey Theatre.



Government of South Australia  
Department of Education and  
Child Development

# Weekly Newsletter



Renmark High  
School - Official



@RenmarkHS

# The art of Cheese Making

Recently, Paul Hutchins gave his time to share his cheese making skills with Mr Singh and the year 10 Agriculture students. Participating students learned the process involved in making camembert cheese. The process involved incorporating bacterial culture in the milk, curdling the milk and separating the whey, cutting the curd, setting the cheese, salting and maturing the cheese.

Students also learned how to make the Indian cottage cheese, paneer from Mr Singh. They were able to use the paneer in a curry dish with rice, which participating students thoroughly enjoyed.

The year 10 Agriculture class would like to thank Paul Hutchins for giving up his time and sharing his skills.

**Raj Singh**  
Agricultural Science Teacher



Paul and the year 10 Ag students sampling the cheese



Incorporating bacterial culture



Cutting the curd



Mr Singh using paneer in a curry dish



Curd ready for setting

## From Pammy

There is an old song that I know well called "It is Well with My Soul." This was written by Horatio Spafford in 1873 after much personal suffering and tragedy. Horatio had been a successful business man, but due to economic downturns and the Great Chicago Fire of 1871 he lost property and wealth. Most significantly 5 of his children also passed away, one as a baby and 4 daughters drowned during a ship wreck. He then wrote these words, "It is Well with My Soul." I am amazed that he could write this after so much grief and hardship. He had an assurance within himself which I suspect is rare.

We see so much tragedy in our world, particularly in the news with sometimes graphic images and stories, many resulting from hatred and war. Then we have personal tragedy and hardship. Relationships failing, people we love passing away and our own anxieties at times overtaking us.

I heard about an ABC program called "Anh's Brush with Fame." Anh Do interviews famous people about their life so far and paints a portrait of them which reflects their story. Apparently, nearly every interviewee has part of their life which is painful; from mental illness, family violence, substance abuse issues, to the death of a loved one. Yet somehow in the midst of their suffering they have been able to endure. Ray Martin was interviewed in an episode and said that after all the things he had seen and reported on over the years, "the 2004 Tsunami was the worst." However, he also said that "the interactions he had with people were some of the most beautiful experiences of his life." Even in the midst of tragedy their hospitality and warmth was amazing. Helen Keller has said "Character cannot be developed in ease and quiet. Only through experience of trial and suffering can the soul be strengthened, ambition inspired and success achieved."

I suppose if I had an easy answer about why suffering happens then I would be a rich person. That question has been asked and debated for centuries. What I do know is that each one of us deals with our suffering differently. We find meaning in different ways. Whatever your circumstance I hope that you are able say "It is Well with My Soul."

**Pammy, PCW**