

Proudly using Riverland local produce

## SALADS

ALL 9.50

■ **CHICKEN CAESAR SALAD** (GF option available)  
chicken egg, crisp bacon, parmesan, cos and aioli

■ **PASTA SALAD**  
penne pasta dressed in tangy tomato, cucumber, spinach, fetta, tomato, roasted red capsicum

■ **TERIYAKI CHICKEN SALAD**  
teriyaki chicken, rice noodles, carrot, spring onions, Asian herbs

■ **ROAST CHICKEN SALAD**  
tomatoes, cucumber, lettuce, red onion, vinaigrette

■ **ROASTED PUMPKIN, SUN-DRIED TOMATO SALAD**  
fetta, tomato, green leaves, pasta, pesto

■ **CHICKEN YIROS SALAD**  
lettuce, tomato, cheese, crisp tortilla, yoghurt

## AROUND THE WORLD

Multi-cultural Food

ALL 9.50

■ **INDIAN BUTTER CHICKEN** (GF)  
chicken marinated in yoghurt and Indian spices, served with a tomato creamy sauce and rice

■ **TERIYAKI CHICKEN**  
crispy skinless chicken, stirfried in teriyaki sauce and served with broccoli and rice

■ **FALFEL BURGER**  
with tahini yoghurt sauce, fresh slice of tomato and lettuce

■ **SPINACH AND RICOTTA RAVIOLI**  
with bacon and napolitana sauce and parmesan cheese

■ **BEEF LASAGNE**  
freshly prepared bolognese, cheese and lasagne sheets

## SPECIALS

ALL 9.50

■ **CHICKEN YIROS**  
crisp chicken, yoghurt, lettuce, tomato, cheese served in a wrap

■ **SPAGHETTI BOLOGNAISE**  
classic bolognese, house made, spaghetti, cheese

■ **TRADITIONAL MEAT BALLS**  
topped with sauce napolitana served with spaghetti and mozzarella

■ **PULLED PORK IN BURGER**  
with slaw and cheese

## DAILY MEALS [Rotates]

■ **OVEN BAKED CHICKEN BREAST NUGGETS** 5  
choice of sauce - tomato, BBQ OR sweet chilli

■ **KRANSKY** 6  
sausage wrapped in pastry and baked

■ **CHIPS AND GRAVY CUP** 5

■ **CHICKEN BURGER** 9  
tomato, cheese, ranch dressing and green leaf

■ **BREKKY BURGER** 9  
bacon, egg, hashbrown, spinach, cheese, mayo

■ **PIZZA** Hawaiian 6" pizza 5

■ **ZUCCHINI SLICE** 6

■ Green foods

■ Amber foods

The AMBER items will rotate through the week

**LOW  
GLUTEN**

Low gluten products do not contain gluten as a listed ingredient, however they are prepared in kitchens containing gluten. Although we follow strict food handling procedures, there is always a risk of cross-contamination.

**Qkr!**

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## FAVOURITES

### Snacks and Small Items

■ FRUIT KEBAB AND YOGHURT	4.5
■ VEGETABLE STICKS AND DIPS	4
■ CROISSANTS with various fillings	5
■ PORK RIBLETS	6
■ MUFFINS	4
■ CORNFLAKE COOKIE	3
■ ANZAC BISCUIT	1
■ SUSHI	½ Serve 5   Full 7.5
■ QUICHE	5.5
■ CHOCOLATE CUSTARD	3
■ JELLY CUPS	3
■ OVERNIGHT OATS	5
■ HOTDOG with cheese	6
■ PASTRIES	5.5
■ EGG AND BACON MUFFIN	5.5
with green leaves, aioli	
■ EGG AND AVOCADO MUFFIN	5.5
■ WARM BANANA BREAD	5
served with fresh banana, berries and maple syrup	
■ RAWBAR	4.5
■ RIVERLAND ALMOND BLISS BALL	3
■ MINI ASSORTED DANISHES	3
■ RAISIN TOAST	1.5
■ FRUIT apples, oranges or local seasonal fruit	1

## ICE BLOCKS

■ ICY POLE	2
■ QUELCH 99% fruit juice (V, VEG, DF, LOW GLUTEN)	1
■ ZOOPER DOOPER	1
■ BILLABONG	2.5
■ MILO CUP	4
■ LIFE SAVER	3

## FAVOURITES

### Panini, Baguettes, Wraps, Sandwiches and Seeded Rolls

■ AVOCADO, EGG, SALAD	6
■ GRILLED HALOUMI	7
with avocado, roast tomato	
■ BLTA – bacon, lettuce, tomato, avocado	6
■ CHICKEN CAESAR BAGUETTE	8
■ TANDOORI CHICKEN	7
with tomato, onion, lettuce, yoghurt	
■ FRESHLY CRUMBED CHICKEN SCHNITZEL	7.5
with tomato, cheese and lettuce	
■ HAM SALAD ROLLS	
■ AVOCADO SALAD ROLLS	
■ VARIETY OF SANDWICHES	

## DRINKS

■ NIPPY'S WATER	600ml 3   750ml 3.5
■ NIPPY'S UNSWEETENED FRUIT JUICES	3.5
orange, apple or apple blackcurrant	
■ NIPPY'S FLAVOURED SPARKLING MINERAL WATER	600ml 3.5
■ LIPTON ICED TEA	500ml 3.5
lemon, peach, mango	
■ KOMBUCHA	250ml 3.5
■ NIPPY'S FLAVOURED MILKS	250ml 3.5   375ml 4
chocolate, banana, honeycomb, strawberry	

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