

Proudly using Riverland local produce

SALADS

ALL 9.50

■ **CHICKEN CAESAR SALAD** (GF option available)
chicken, egg, crisp bacon, parmesan, cos and aioli

■ **TERIYAKI CHICKEN SALAD**
teriyaki chicken, rice noodles, carrot, spring onions, Asian herbs

■ **ROAST CHICKEN SALAD**
tomatoes, cucumber, lettuce, red onion, choice of vinaigrette or honey mustard dressing

■ **GREEK SALAD**
fetta, tomato, olives, green leaves, cucumber, dressing

■ **CHICKEN CLUB PASTA SALAD**
penne pasta tossed with bacon, chicken, cherry tomatoes, celery, green peppers and ranch dressing

AROUND THE WORLD

Multi-cultural Food

■ **INDIAN BUTTER CHICKEN** (GF) 9.5
chicken marinated in yoghurt and Indian spices, served with a tomato creamy sauce and rice

■ **TERIYAKI CHICKEN** 9.5
crispy skinless chicken, stir fried in teriyaki sauce and served with broccoli and rice

■ **FALAFEL BURGER** 10.5
with tahini yoghurt sauce, fresh slice of tomato and lettuce

■ **BEEF LASAGNA** 9.5
freshly prepared bolognaise, bechamel sauce, cheese between lasagna sheets

■ **TRADITIONAL NACHOS** 10
mild spicy meat sauce with hidden veg, kidney and black beans, crispy corn chips, topped with cheese and sour cream

■ **HANDMADE BEEF BURGER** 10
with cheese, fresh slices of tomato, crispy lettuce and burger sauce.

SPECIALS

ALL 9.50

■ **CHICKEN YIROS**
crisp chicken, yoghurt, lettuce, tomato, cheese served in a wrap

■ **SPAGHETTI BOLOGNAISE**
classic bolognaise, house made, spaghetti, cheese

■ **HANDMADE CHICKEN BURGER**
with cheese, fresh slices on tomato, crispy lettuce and burger sauce

DAILY MEALS [Rotates]

■ **BREKKY BURGER** 9
bacon, egg, hashbrown, spinach, cheese, mayo

■ **COLD ROLLS** 9

■ **FRIED RICE - VEGETARIAN** 8

■ **SUSHI** ½ Serve 6.5 | Full 8
vegetarian
chicken avocado

■ **QUICHE** 6

■ **OVEN BAKED CHICKEN BREAST NUGGETS** 5
choice of sauce - tomato, BBQ OR sweet chilli

■ **KRANSKY** 7
sausage wrapped in pastry and baked

■ **CHIPS & GRAVY CUP** 6

■ **CROISSANTS** with various fillings 6

■ **PASTRIES** 6

■ **HOTDOG** with cheese 6.5

■ **PIZZA** Hawaiian 6" pizza 6

■ Green foods

■ Amber foods

The AMBER items will rotate through the week

**LOW
GLUTEN**

Low gluten products do not contain gluten as a listed ingredient, however they are prepared in kitchens containing gluten. Although we follow strict food handling procedures, there is always a risk of cross-contamination.



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ROLLS, WRAPS & SANDWICHES

Baguette

■ CHICKEN CAESAR BAGUETTE	10
■ CHICKEN SALAD	10
■ SILVERSIDE, BRIE, CHEESE & SALAD	10
■ ROAST BEEF, CARAMELISED ONION, MAYO CHEESE & LETTUCE	10
■ HAM. CHEESE & SALAD	10

Wraps

Small 6.5 | Large 9.5

■ TANDOORI CHICKEN	
with tomato, onion, lettuce, yoghurt	
■ HAM SALAD	
ham, cheese, cucumber, tomato, carrot & lettuce	
■ TUNA	
tuna, cheese, cucumber, tomato, carrot & lettuce	
■ CHICKEN SALAD	
chicken, cheese, cucumber, tomato, carrot & lettuce	

Rolls & Sandwiches Sandwiches 6.5 | Rolls 9

■ CLASSIC HAM	
ham, cheese, cucumber, tomato, carrot & lettuce	
■ TURKEY & CRANBERRY	
turkey, cranberry sauce, lettuce, cheese, cucumber, tomato & carrot	
■ CHICKEN, AVOCADO & SALAD	
lettuce, cheese, cucumber, carrots, tomato & avocado	
■ SALAMI SALAD	
salami, cheese, cucumber, tomato, carrot & tomato	
■ AVOCADO SALAD	
Avocado, lettuce, cheese, cucumber, tomato & carrot	
■ ROAST BEEF & CARAMELISED ONION	
lettuce, mayo & cheese	

SNACKS & SMALL ITEMS

■ EGG & BACON MUFFIN	6
with green leaves, aioli	
■ EGG & AVOCADO MUFFIN	5.5
■ WARM BANANA BREAD	5
■ RIVERLAND ALMOND BLISS BALL	3.5
■ RAISIN TOAST	2
■ CHEESE & BISCUITS	3.5
■ POP CORN	2.5
■ YOGHURT	2.5
■ OVERNIGHT OATS	6
■ ANZAC BISCUIT	2
■ JELLY CUPS	3.5
■ APPLE STREUSEL CAKE	3
■ CHOCOLATE CUSTARD	3.5

TOASTED PANINI & FOCACCIA

■ GRILLED HALOUMI	9.5
with avocado, roast tomato	
■ HAM, CHEESE & TOMATO	9
■ FRESHLY CRUMBED CHICKEN SCHNITZEL	10
with tomato, cheese and lettuce	
■ BLTA – bacon, lettuce, tomato, avocado	10
■ CHICKEN	10
avocado, roast tomato, basil pesto & spinach	

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FRUIT

- **FRESH FRUIT TUBS** 4.5
 - seasonal fruit salad
 - sliced orange tubs 3.8
 - watermelon tub 3.
- **FRUIT** 1.5
 - apples, oranges or local seasonal fruit

ICE BLOCKS

- **QUELCH** 99% fruit juice (V, VEG, DF, LOW GLUTEN) 1
- **MOOSIES** strawberry & chocolate 2
- **STRAWBERRY FROZEN YOGHURT** 3.5
- **MANGO FROZEN YOGHURT** 2
- **LEMONADE ICY POLE** 2
- **VANILLA DIXIE CUPS** 2
- **MILO CUP** 4

DRINKS

- **NIPPY'S WATER** 600ml 3.5 | 750ml 4.5
- **NIPPY'S UNSWEETENED FRUIT JUICES** 4.5
 - orange, apple or apple blackcurrant
- **UP & GO** 4.1
 - chocolate, strawberry & vanilla
- **NIPPY'S FLAVOURED MILKS** 250ml 3.8 | 375ml 4.5
 - chocolate, banana, honeycomb, strawberry

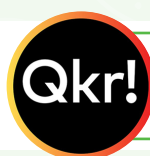
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